

SAINT PAUL'S HEARTBEAT

Official Newsletter of
SPSON-Queens



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Message from President Ramey

Dear Faculty, Staff and Students,

Happy New Year!

I am so very excited to share with you the Saint Paul's Heartbeat. Inside you will hear from our students, faculty and staff and see a re-cap of some of the events that we held throughout 2017. I would like to offer a special thank you to Kevin Saw for the work that he did as editor in bringing the Heartbeat to life. Also, thank you to each of those contributing for sharing your words of wisdom.

2017 was an exciting year for our campus as we successfully completed our reaccreditation process with the Accrediting Bureau of Health Education Schools and our graduates' NCLEX scores continue to rise year after year. We also introduced new events to the campus such as our "Friendsgiving" luncheon in collaboration with our wonderful Student Government, and we were named the #1 Two-Year Trade School by Forbes Magazine!

As we embark on a New Year, together I would like to thank each of you for the important role that you play in our campus. Our campus would not have achieved the successes that we have without each and every one of your contributions. To our phenomenal faculty - thank you for your knowledge, expertise and mentorship that you provide to our students in the classroom, labs and clinicals. To our amazing campus leaders and staff- thank you for your knowledge, support, services and encouragement of our students every day in your respective areas. And, to our wonderful students- you are the reason why we do what we do every day. You make us proud as you carry the name of Saint Paul's School of Nursing both on campus and off, while in school and upon graduation when you go into the work force.

2017 was outstanding and because of you I know that 2018 will be even better! I look forward to all that we will do together as we stand with pride as Saint Paul's School of Nursing.



Warmest regards,

Jennifer Ramey
Area Manager
Campus President

Saint Paul's NCLEX–RN Pass Rate Soaring Ever Higher

The goal of the nursing program at Saint Paul's is twofold; to ensure that our graduates are prepared for the NCLEX-RN licensure exam and to ensure that our graduates have the knowledge and skills necessary to become excellent nurses. The importance of thoroughly preparing our students for the NCLEX-RN cannot be overstated. Ultimately, our graduates cannot work as Registered Nurses without passing the aforementioned licensure exam. Our NCLEX-RN pass rate is also an important barometer that the New York State Education Department (NYSED), accrediting bodies, and prospective students use to judge the quality of our nursing program.

As you would expect from a nursing exam, the NCLEX-RN is anything but straight forward. You have a maximum of 6 hours to complete the exam. There are no set amounts of questions. You can get anywhere from 75 to 265 questions.

The test will shut off when you are sufficiently above the minimum competency line or sufficiently below the line. All nursing topics (Med-Surg, OB, Pediatric, Pharmacology, etc.), alternate format questions and Select all that Apply (SATA) questions may appear on your exam. No two NCLEX-RN exams are exactly alike. The NCLEX-RN uses a Computerized Adaptive Testing (CAT) method, which, according to the NCSBN, "adapts to each test-taker's unique ability level by coming up with the next test question based how you have performed on preceding questions."

There are no limits to how many times you can take the NCLEX-RN. However, one thing to keep in mind is that the National Council of State Boards of Nursing (NCSBN) only counts the first attempt when determining the NCLEX-RN pass rate.

If a graduate takes more than one try to pass the NCLEX-RN, they will still count as a fail.

Saint Paul's closed off the year 2017 in impressive fashion with the August 2017 graduating cohort registering an impressive 88.7% first time pass rate, bringing the total NCLEX-RN pass rate for 2017 to 79.77%. The 79.77% pass rate in 2017 is a continued improvement from the 2016 pass rate and a tremendous improvement over the 2014-2015 pass rates. To put our passing rate in perspective; our 2016 passing rate of 76.2% were comparable to the passing rate of prominent nursing programs such as Adelphi (79.8%), Columbia (77.2%), and NYU (80.4%), to name a few.

Of course, Saint Paul's aims to build upon this positive trend and try to achieve even higher passing rates in the future. Our next goal is to go above the 80% threshold and we will of course be aiming to eventually get above 90%!!!

Year	NCLEX-RN Pass rate
2017	79.77% (142/178)
2016	76.2% (128/168)



Meet your new Dean of Education: Dean Schnupp



Hello everyone,

Words can't express how excited I am to be joining Saint Paul's School of Nursing as the Area Dean of Education for the Queens and Staten Island campuses. I would like to

introduce myself, and provide a bit of an opportunity for you to know me as I join you in your journey towards graduation and a new career.

I am a passionate educator who has worked in the education field for most of my career, in various capacities. I began my career as a high school history teacher, eventually moving towards higher education, beginning in 2006. I am an experienced educational leader who has worked as a Dean since 2013; at Vaughn College from 2013 to 2015 and at Mildred Elley from 2015 to 2017.

Having previously been a part of the Saint Paul's family from 2009 to 2013 as the Learning Resource Center Manager and Compliance Director, I am already quite familiar with the Medical Assisting and Nursing programs. My mission is to help guide our students to academic success in their respective program. I implore you to work hard, study, but most of all seek out the assistance you need in achieving your goals. Know that my door is always open to you. I look forward to seeing you at your graduation!

Chris Schnupp, Area Dean of Education

The Registered Medical Assistant (RMA) Certification Exam

It's always special when a Medical Assistant graduate stops by and excitedly tells us that they have passed their Registered Medical Assistant (RMA) Certification Exam. Administered by the American Medical Technologists (AMT), the RMA Certification is an optional certification.

One does not need this certification to work as a Medical Assistant, but having it gives you a leg-up in the job market, so understandably our student strive hard to do well on this exam. The benefits to having a RMA certification are tangible. Many of the better paying MA positions and hospital positions (e.g. Northwell) will not even consider candidates who do not have an RMA certification.

The importance of being RMA certified cannot be overstated, which is why Saint Paul's go above and beyond to prepare our students for this exam.

During their last module, MA students are required to take an RMA review class where they have the

opportunity to prepare and practice for the exam. Additionally, the Saint Paul's library has a number of RMA review books available that students can check out.

The RMA exam consists of 200-210 four-option multiple choice questions relating to General Medical Assisting (41% of the exam), Administrative Medical Assisting (24% of the exam), and Clinical Medical Assisting (35% of the exam). See "Content Outline for the RMA Certification Examination" for an outline of what is on the exam. Candidates have up to three hours to complete the exam and must score a minimum of 70% to pass. The fee of \$120 for the examination is included as part of your tuition. However, if a candidate fails and has to retake, the cost of any subsequent exams will have to be paid by the candidate.

The results of the RMA preparation provided by Saint Paul's is reflected in the 80% passing rate we posted in 2017. Our goal, of course, is to increase that passing rate to more than 90%.

Content Area	Approximate Percentage of Total Test
I. General Medical Assisting Knowledge	41%
A. Anatomy and physiology	
B. Medical terminology	
C. Medical law	
D. Medical ethics	
E. Human relations	
F. Patient education	
II. Administrative Medical Assisting	24%
A. Insurance	
B. Finance and bookkeeping	
C. Medical receptionist / secretarial / clerical	
III. Clinical Medical Assisting	35%
A. Asepsis	
B. Sterilization	
C. Instruments	
D. Vital signs and mensurations	
E. Physical examinations	
F. Clinical pharmacology	
G. Minor surgery	
H. Therapeutic modalities	
I. Laboratory procedures	
J. Electrocardiography (ECG)	
K. First aid and emergency response	

Table 1: Content Outline for the RMA Certification Exam

Tutoring for Success

If you need some extra help in your classes or are simply looking to get a leg up, we highly encourage you to take advantage of the free tutors available to all Saint Paul's students.

Saint Paul's has tutors for both the Medical Assisting and Nursing programs. Currently we have one Medical Assistant tutor and two nursing tutors. All three tutors are Saint Paul's alumni, so they are knowledgeable of the classes and subjects they will be tutoring you in.

Our nursing tutors are available to tutor you in any of your science (A&P and Micro) and nursing classes (Foundations, Funds, Med-Surg, Peds, OB, Psych, etc.).

Our Medical Assistant tutor is ready to tutor you in Phlebotomy, EKG, RMA, Anatomy and Physiology, and Medical Terminology.

The tutoring schedules are posted on the door of the Tutoring Rooms (Room 217 and Room 218). Students can sign up for up to one hour of tutoring per day. On the sign-up sheet, you put your name, what class you would like tutoring for, and the topic you wish to review.

Please be sure to email your tutors any class material in advance so that they can prepare for your tutoring session.

The tutors at Saint Paul's are available to you free of charge. If you need extra help, don't be afraid to ask. Take advantage of our tutors!!



Nursing Simulation Lab: Learning through Simulation

The nursing curriculum is composed of four educational components: didactic, clinical, skills lab, and simulation. Saint Paul's School of Nursing (Queens Campus) recently invigorated the use of simulation in nursing education. Simulation is a method designed to portray real patient care scenarios and provides opportunities for the students to work in milieus that represent actual settings.

Saint Paul's makes use of the three hour model of simulation, namely pre-simulation, simulation with guided observation, and debriefing. Simulation is a part of all the Medical-Surgical Nursing courses. IStan is the campus' high fidelity patient simulator. Its key features include spontaneous breathing, bilateral blood pressure measurement, palpable pulses, reactive pupils and blinking eyes among others.

Simulation has been proven to minimize students' nursing and medical errors, help synthesize information learned from several courses and at the same time, practice and enhance their critical and clinical thinking skills. Hence, here at Saint Paul's (Queens Campus), we are very excited to include simulation as a part of the students' learning experience.

Thea Liza Batan, Sims Lab
Coordinator and Nursing Faculty



Tips for Surviving Nursing School

1. Start with the right attitude

Start with a positive attitude. Stay away from people who constantly complain about the workload, but don't put in enough effort. Every class has something to contribute to your overall learning. All the science and nursing classes are interconnected in some way. For example, Med-Surg will be much easier if you have a firm grasp of A&P.

2. Change your way of thinking to the NCLEX way of thinking by doing questions

Nursing requires more than having a good memory. NCLEX style questions are set up to have two or more "correct" answers, and therefore requires critical thinking and nursing judgment. The only way to get used to NCLEX style

questions is to constantly do NCLEX practice questions. Try to do 25-50 practice questions a day. There are a number of NCLEX question books out there. There are many review books available in the library that can be checked out. Additionally, you have electronic resources available to you through the school, such as Kaplan and Evolve. There are also NCLEX practice apps and website on the Internet that you can purchase, like the "NCLEX Mastery App" and "NCLEX 10,000."

3. Use your background in healthcare only when it's in line with NCLEX mindset

A number of nursing students come in with healthcare backgrounds. Experience is the best teacher. However, sometimes, this can work

against you in answering NCLEX style questions. Some students with a healthcare background are stuck on the idea that "this is not how we do it in my job." People have to realize that the NCLEX is an idealized version of real life where the nurse has all the time and resources at her disposal.

4. Make friends in school

You won't have much of a social life while in nursing school. You will have to sit down your family and friends and tell them you won't be able to spend time with them for the next 18 months. Make friends at school. The struggles of nursing school are much easier to bear when you have nursing school friends to help support you academically and emotionally.

Nursing Careers: Thinking Beyond the Hospitals

Nurses! I know what you want. You want to graduate from Saint Paul's School of Nursing, get a hospital job and live happily ever after, right?

It is getting more competitive for new RN graduates to find employment within hospital settings. With an increasing demand for a Bachelor of Science in Nursing, many two-year nursing degree holders are thinking beyond the hospitals for employment. The fields with high demands for two-year nursing degree holders are non-profits, field nursing, school nursing, long-term-care, and homecare. Many employers in these fields provide training for new-grad RNs. With these employment options, many two-year RN degree holders are working while they attain their four-year degrees.

Some of the nursing fields that are ready to employ Saint Paul's School

of Nursing RNs are the following: Managed Long-Term-Care (MLTC), Long-Term Care/Nursing, Home/Rehab Facility, Correctional Facility, Homecare, School Nursing, Special Needs Nurse, Behavioral Health Nurse.

Working in one of these fields while you attain your BSN will provide the confidence and experience you need for a successful nursing career. For example, one past graduate who had a strong interest in pediatric nursing decided to work as a school nurse while she completed her BSN online. After a year had passed, she was called to interview at a prestigious New York City hospital for their pediatrics department. She got the job!!

On the flip side, another past graduate obtained her RN license shortly after graduating and has been looking for an RN job for two-years.

When asked about where she submitted her applications, she named every hospital in New York City and Long Island. Now, she is in a position where she may have to take a nursing refresher course before jumping back into her job search.

Sometimes a dream job won't come immediately after graduation. Savvy RNs know that they can get experience while they work their way up to their dream jobs. When furthering your nursing career, thinking beyond the hospital comes in handy.

Katherine Sharpe,
Career Services Director

Nursing Field	Patient Population	Salary Range (According to Bureau of Labor Statistics)	Education Level
Managed Long-Term-Care (MLTC)	Two or more chronic illnesses & Medicaid/Medicare patients	\$72,000-\$92,000	ASN
Long-Term Care/Nursing Home/Rehab Facility	Elderly & patients recovering from accidents	\$60,000-\$80,000	ASN
Correctional Facility	Inmate population; HIV/AIDS, Mental Illness	\$65,000-\$80,000	ASN
Homecare	Recently discharged hospital patients; pediatrics	\$35.00 Per Hour	ASN
School Nursing	Wheelchair bound children; children with disabilities	\$58,000-\$70,000	ASN
Special Needs Nurse	Developmental delays (autism, downs syndrome), mental illness	\$75,000-\$80,000	ASN
Behavioral Health Nurse	Psychiatric patients (mood disorders, mental illness)	\$75,000-\$80,000	ASN

Medical Assistant Resume: Hard Skills vs. Soft Skills

When Medical Assistants begin the job application process, many emphasize their hard skills on their resume. Hard skills are the skills you learned as a student at Saint Paul's. These are typically skills that can be clearly defined and measured, such as your phlebotomy and EKG certifications. Even though it is important to know your stuff, your soft skills are just as critical as your hard skills to achieve success.

What exactly are soft skills and why are they important? Soft skills are much more difficult to define and measure. There is no soft skills test you can take and there are no soft skills certifications you can add to your resume. Soft skills are the "people" skills that help you to successfully interact with others in the workplace. As a Medical Assistant, you have to interact effectively with your patients and your coworkers.

Top 7 Soft Skills Employers Want:
1. Acting as a team player

This means not only being cooperative, but also displaying strong leadership skills. There will be times when you have to work the front administrative part of a medical office and the back-end of an office.

2. Flexibility

This is an extremely valuable asset to employees. Those who can adapt to any situation are dependable no matter what's thrown at them.

3. Effective communication

This is paramount to Medical Assisting jobs and involves articulating oneself well, being a good listener and using appropriate body language.

4. Resourcefulness

No matter what your profession, these skills are critical when unexpected issues inevitably arise.

5. Accepting feedback

Not only accepting feedback gracefully, but also applying that feedback to foster professional growth. Negative feedback is not intended to insult you, but is rather intended to help you.

6. Confidence is key

By being confident and capable, your supervisors, employees, and clients will believe in you.

7. Creative thinking

Being able to come up with unique solutions or alternatives is invaluable; it drives innovation and increases efficiency.

When you complete your Medical Assisting program at Saint Paul's, you will be equipped with marketable skills that employers are looking for. Many of you will have your phlebotomy and EKG certifications. These are hard skills. Hard skills consist of job training, degrees, certifications and any skills you have that can be added to your resume. When it comes to finding a medical assistant job, employers are looking for more.

Katherine Sharpe,
Career Services Director

Saint Paul's Student Council

Do you want to be a part of the team here at Saint Paul's Nursing that is working to make a change in our community and our college? Do you want to work towards building relationships between the students, while at the same time gaining necessary skills and knowledge impactful to our fields?

In the student council, we believe that this is why we are here at this prestigious college. We believe that we have been collectively united by our passions in becoming Medical Assistants and nurses. We understand that our powerful tool is our minds. So for this upcoming year, the student council is looking to add to our ranks. We invite both new students and those who have been with us...because YOU DO make a difference.

We at student council have already organized different activities and fundraisers throughout the year.

We participate annually in the Making Strides Against Breast Cancer Walk. This past year we fundraised over \$800 and walked alongside our students, staff, and the school president.

Twice a year, for Christmas and Easter, we have a fundraiser and toy drive for the children at St. Mary's Hospital for Children.

We have also held blood drives, food drives, and clothing drives for those who need assistance. For example, this past year we collected essentials for those affected by hurricanes in Texas and Puerto Rico.

This year for the first time, with the support of our school president, staff, and maintenance team, we hosted a "Friendsgiving" with food, music, and a raffle for everyone.

In addition, for Halloween, we had a costume contest and gave out Starbucks cards as prizes. Caffeine!!!

We also understand that everyone's program is difficult, so with our next project we are working on creating a mentoring program. The idea is to bring students together so they can share notes, experiences, and different perspectives with one another.

We want to build a better "rapport" between our programs, while also testing our skills, building resumes, and learning to work more efficiently with others in preparation for our future work environments.

If you are interesting in joining us, please come to the library and participate in on one of our meetings. It's every Monday at 2:30pm.

You can also reach us via email, and send us your name, and semester, to stpaulsstudentcouncil@gmail.com. Hope to see you soon!

Justin Cossio, Council Secretary and
Amanda Rupa, Council P.R.

Saint Paul's Star Alumni

Xavier Edwards, May 2016 Nursing Valetorian



If you had asked Xavier Edwards eight years ago what he wanted to be, he would not have told you that he wanted to be a nurse. However, sometimes our life plans take a turn for the unexpected. Xavier met many amazing and not so amazing nurses during a time of difficulty for his family. When his father passed away, he decided that becoming an RN was his calling. After initially being rejected by Saint Paul's School of Nursing, Xavier applied again by writing a letter explaining why he would be able to handle the nursing program. He went on to finish the program as one of the class Valetorian; finishing with the highest GPA of both the day and evening students.

After graduating, Xavier started working with Visiting Nurse Service of New York, administering flu shots. From there, he found a job as an Emergency Room (ER) nurse. He then went on to work with two home care companies where he did start of cares and recertification. He also worked as a UAS assessment nurse where he assisted with the set-up of homebound Medicaid patients. Xavier started his current position as an Intensive Care Unit (ICU) nurse at Northwell in January 2018. He has thoroughly enjoyed being a nurse and loves all of the experiences that he has gained thus far. He can tell you now that his medications are on point.

Jonathan White, Medical Assistant Graduate



Ever since high school, Jonathan always knew he wanted to help people. He always had this vision of himself in scrubs, working in the medical field. Growing up in a household with two younger sisters with disabilities and a single mom drove him to succeed. Seeing the struggles that his sisters and mother endured on a daily basis humbled him and gave him a different perspective on life. It helped him appreciate the little things that many people take for granted.

Jonathan currently works at North Shore University Hospital as a Patient Care Associate (PCA). He is a part of the 3DSU unit, a Cardiac Telemetry unit. A few of his duties and responsibilities include: bed baths, keeping patient rooms clean, bed changes, positioning, changing incontinent patients, phlebotomy, EKGs, vital signs, providing out of bed assistance to the bathroom, taking the patients weight, feeding, setting food trays for the patient, and picking up medications from the pharmacy for the nurses to give to their patients. There are many perks and benefits that come with being employed at North Shore University Hospital, including: full tuition reimbursement, car loans, car dealership discounts, medical/dental/vision, phone bill discounts, bank loans, and free courses for career advancement. What Jonathan enjoys most about being a PCA at North Shore is the fact that he can work with the same patients for days, weeks, and sometimes months. You also get to meet all kinds of people and build close relationships. This is due to PCAs being the ones that interact and see the patients the most. Having a positive impact on someone's life, making patients smile, and hearing them say "thank you" is makes it all worth it for Jonathan. It keeps him going, especially when things get tough.

Jonathan plans on going back to school and furthering his education. He plans to eventually pursue a career in nursing. His goal is to one day become an Operating Room (OR) nurse at North Shore since he has always been fascinated with surgery.

Saint Paul's Student Q&A

Katherine Bambrick – Medical Assisting Student

1. What motivated you to pursue a career in the healthcare field?

Growing up, a specific occupation never jumped out at me. In fact, healthcare was the last thing on my mind because I just didn't believe I could do it. It wasn't until my grandmother's illnesses started to progressively get worse that I realized my passion is to take care of others. My grandma suffers from both Dementia and Parkinson's. I spent most of my time taking care of her the best way I could. My best friend kept me grounded throughout it all. He helped me realize I had what it takes to throw myself out there. Now, I make it my purpose to help others in need. It makes me happy to see others happy.

2. What classes have you enjoyed and why? What classes are you looking forward to?

I really have loved all my classes and professors. They've all done a great job explaining the material in detail. Even if some are more strict than others, they have all molded us into the medical professionals we are about to become. I am so thankful to each and every one of my teachers for making my journey a memorable one.

3. Tell us something interesting about yourself.

Growing up, I watched and played a lot of sports, especially with my dad. When I entered High School, I decided to try out for volleyball. I picked up on it quickly, became captain of both JV and Varsity, and was even offered an opportunity to play for College of Mount Saint Vincent's. I wish SPSON had sanctions for us to participate in recreational sports play.

4. Tell us about the friendships you formed at Saint Paul's.

The original plan, when coming to SPSON, was to just keep to myself and do well in school. However, it wasn't long after that I joined Student Council and befriended a great group of girls who became like family. It is super important to have people you trust in class to work together and fill you in if you were absent. We never made our grades a competition. We always lifted each other up and cheered each other on. Sure, there have been ups and downs, but in the end, we've helped each other grow in some way or another. I'm glad that I was able to start my SPSON journey with my friends Nalene and Amanda, and thrilled that we will have the opportunity to end our journey together.

5. What are your plans for the future?

I plan on coming back to Saint Paul's for the nursing program. My plan is to continue my education and become a Nurse Practitioner. I have this vision of me holding a scalpel, assisting in surgeries, and performing sutures in an Operating Room.



Shweta Gupta – Nursing Student

1. What motivated you to pursue a career in the healthcare field?

I have been surrounded by family members working in the medical field my entire life. Something drew me towards a career in nursing. My mother has been a nurse for the past 35 years. I got the opportunity to speak with many of her colleagues about the nursing field and the vast opportunities available in this field. It's one profession that's a perfect platform to conquer many dreams. It is my dream to have a career where I can help others, become independent and financially stable.

2. What classes have you enjoyed and why? What classes are you looking forward to?

As difficult, dreadful, and stressful my Medical Surgical Nursing classes have been, it has enlightened me with so much knowledge and brought about much confidence for the field that I will be working in. Also, I absolutely loved taking Nutrition. It's such an important class because a lot of patient education as a practicing nurse will come from your knowledge of nutrition. Nutrition defines our health and has the power to bring us to optimal of health or to impact it negatively. As a nurse, I will have to educate my patients on healthy living and this class proved to be a great opportunity in practicing that.

3. Tell us something interesting about yourself.

I love to dance, sing, and love learning new things and applying it in my life. When it comes to nursing, I am all about Holistic Care. I will definitely be incorporating my skills and interests of acupressure, ayurveda, nutrition and mindful meditation in my practice.

4. Tell us about the friendships you formed at Saint Paul's.

It has been a rocky journey, but I've quickly formed strong bonds of friendship along the way. My nursing school friends and I have shed tears together, laughed together, and stood by each other's successes and failures. We're always trying to motivate one another to strive to do better. We all share a common goal and have a tunnel vision towards successfully completing the nursing program. I'm so glad we found one another and am absolutely grateful for the understanding and humility we share for one another. I love you guys (Yan, Narchelle, and Neyman)!!

5. What are your plans for the future?

I want to continue to pursue further education by getting my BSN and attending a FNP program to become a Nurse Practitioner. It will give me a greater scope of practice and the chance to explore and practice holistic care. My intentions are to work hard, maintain a tunnel vision, and conquer my goals one by one.



Faculty Q & A

Dr. Attiq – Medical Assisting and Nursing Faculty

1. What do you do here at Saint Paul's and how long have you worked here?

I have been at Saint Paul's School of Nursing for two years, working as a professor for both the Medical Assistant and Nursing Programs. I teach Anatomy and Physiology in the nursing program. For the Medical Assisting program, I teach Anatomy and Physiology, Medical Specialties, and Computers in a Medical Office.

2. What is your educational background?

I have a Doctor of Medicine (MD) Degree from Qingdao University.

3. What motivated you to go into teaching?

I have taken classes with a number of amazing educators and they are the reason I decided to go into teaching. I aim to inspire my students the same way my teachers inspired me. Teaching is not just a job for me. It also brings me a sense of excitement and personal fulfillment.

4. What suggestions can you give current students to help them through the program?

My advice to students is to work hard, be consistent, and always be on time.

5. Tell us something interesting about yourself.

I can speak six different languages: Urdu, Punjabi, Hindi, Mandarin Chinese, Arabic, and English.



Faculty Q & A

Thelma Green – Nursing Faculty

1. What do you do here at Saint Paul's and how long have you worked here?

I am a clinical instructor for pediatric and Med-Surg, sit on the Admissions Committee, and serve as a graduate NCLEX mentor. I started as a part-time faculty member in 2011 and have been a full-time faculty since 2015.

2. What is your educational background?

I earned my nursing degrees from Queensborough Community College and Adelphi University.

3. What motivated you to go into teaching?

My love for people, especially the sick ones, was what motivated me into the nursing profession. As a little girl, I used to dress my dolls up as nurses.

4. What suggestions can you give current students to help them through the program?

Students must read and make notes for themselves prior to going to class. They should come to class ready to ask the professor at least 2-3 questions. Take notes during class and then get to a quiet place and combine all the information together. Also practice at least 25-50 questions per day from a good NCLEX practice book. Students must think and speak positive things about themselves even when it seems dark and hopeless.

5. What would you like the students at Saint Paul's to know about you?

- My faith in God comes first. I must laugh every day. I must have quiet time alone every day for at least half an hour.
- I must find at least two to three people to encourage and point them to hope every day.
- I must get all the sports highlights on a daily basis. I am a lover of basketball and my favorite team is the Cavaliers.
- I am just an ordinary humble person.
- I only speak positively. I hate negative speaking.



Nursing Program Academic Honors

Dean's List

- Adinarayan, Dana C
- Alcos, Keisha A
- Bienenstein, Julia R
- Blackman, Dana R
- Brown, Ceslee A
- Cangialosi, Fabio
- Chavannes, Jovanley
- Cossio, Justin A
- Dimaano, Stephanie K
- Farrell, Shirmiece A
- Hall, Delaine L
- Herbert, Natasha C
- Jackson, Christina B
- Joseph, Darryl
- Karikari, Adelaide B
- Khan, Adam J
- Khan, Salma N
- Khan, Sheliza
- Klien, Michael
- Maghirang, Rainier A
- McCallum-Smith, Tarsha
- Newball, Tyrone
- Olofinlade, Bukola B
- Onyebeke, Chinedu I
- Rahman, Shahnaz
- Ruiz Hernandez, Cynthia
- Tavera, Tracey P
- Vallejo, Linda E
- Vance, Kemba A
- Ventura, Iris M
- Villalobos, Rebecca
- Weithorn, Maxwell S
- Williams, Alexis V
- Wonsang, Lyanne S
- Wright, Lavon S
- Zephyr, Georgine



President's List Requirements:

Student must achieve a 4.0 GPA for the semester

Dean's List Requirements:

Student must achieve a 3.5 GPA or above for the semester

Academic Honors for Fall 2017 Semester

Medical Assisting Program Academic Honors

President's List

- Allen, Kaila
- Arnold, Shanice
- Bonhomme, Rebecca
- Fuller, Chantel
- Lohat, Bitty
- Nikocecic, Rejsela

Dean's List

- Abdul, Jennifer
- Alvarez, Alejandra
- Apolo, Jessica
- Arias Diaz, Scartte G
- Brown, Althea
- Brown-Rodriguez, Kenisha
- Byapari, Diana C
- Calderon, Nora
- Canty, Jasmine
- Collado, Bianca
- Creary, Collin B
- Dolkar, Chime
- Duffault, Lynda
- Gilmore, Deidre
- Glorioso-Cajuelan, Sheila
- Haughton, Sanchia
- Hemans, Gaynell
- Holder, Nadia
- Johnson, Juleesa J
- Kaur, Manpreet
- Lai, Fion
- Matatova, Esther M
- Ojeda, Zoe M
- Pierre, Vanessa
- Rodriguez, Tiffany
- Rubinova, Rachel Rona
- Rupa, Amanda
- Sanchez Ramirez, Hilda
- Sangalang, Geraldine Shanley
- Sweeting, Jessica
- Vaca, Shayna

2017 IN REVIEW



Celebrating our Forbes #1 ranking with cake!!



Carnival Night at Saint Paul's



Annual Breast Cancer Walk



Nursing President's List and Dean's List Ceremony



Annual Medical Assistant Award Ceremony



Halloween Costume Contest



MA Appreciation Week Celebration



Friendsgiving Lunch



St. Mary Hospital for Children Visit



Sept. 2017 Graduation Ceremony



Nursing Pinning Ceremony

Spring 2018 Academic Calendar

DATE	DAY	
January 9	Monday	Start of Spring 2018 Nursing Semester
January 15	Monday	Martin Luther King Jr. Day – College closed
January 16	Tuesday	Start of MA Module
February 22	Thursday	Pinning Ceremony
February 26	Monday	Start of MA Module
March 30	Friday	Good Friday – College closed
April 9	Monday	Start of MA Module
April 23	Monday	End of Spring 2018 Nursing Semester
April 24 - May 4		Nursing Spring Break – No classes for nursing students
May 6 - 12		National Nurses Week
May 28	Monday	Memorial Day
May (TBD)	TBD	Pinning and Graduation Ceremony
June 12	Tuesday	Annual Blood Drive



**St. Paul's School
of Nursing**
(Queens Campus)
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Rego Park, NY 11374
(718) 357-0500

About Our Organization

Formerly Saint Vincent Catholic Medical School of Nursing, Saint Paul's School of Nursing strives to serve the needs of society by providing excellent education that exemplifies the highest standards for education. Throughout our courses, we hope to emphasize the values of respect, integrity, compassion and excellence. In addition to our nursing program in Queens and Staten Island, we also offer a Medical Assistant program. In all our programs, we strive to provide students with a quality education that includes practical, real-world clinical experience.